

Nom du parcours : BRM300 VSCH - "Direction le Verdon !"
Club organisateur : Vélo Sport Cyclo Hyérois
Nom du responsable : DHO Jean-Charles / COSTA Eric
 Mail : brmvsch@gmail.com
 Tel: 07-75-79-38-66
Lieu de départ : Salle "RIVAGE" - Les Salins - HYERES

N° homologation : 2026 CO 02
Code ACP : 830789
Brevet de 300 km
Date : samedi 18 avril 2026
Heure de départ : 5:00

| LOCALITES | Numéro de route | KM PARTIEL | KM TOTAL | CONTROLES | |
|------------------------------|---|------------|------------|-------------|-------------|
| | | | | Ouverture | Fermeture |
| LES SALINS | D12 | 0,0 | 0,0 | 5:00 | 6:00 |
| Rond-point D12/D559A | D559A | 2,5 | 2,5 | | |
| X D5591/Ch de Hyères | Ch de Hyères - Ch de la Decelle | 1,0 | 3,5 | | |
| Rond-point D88 | Ch du puits de la Commune - Rte de la Jouasse | 3,0 | 6,5 | | |
| X D88/Rte des Borrels | D88 | 2,5 | 9,0 | | |
| Col du Gambet | D88 | 7,0 | 16,0 | | |
| X D88/D14 | D14 | 3,0 | 19,0 | | |
| PIERREFEU-DU-VAR | D12 | 5,0 | 24,0 | | |
| X D12/D13 | D13 | 1,0 | 25,0 | | |
| X D13/D78 | D13 | 5,5 | 30,5 | | |
| X D13/D97 | D13 | 5,0 | 35,5 | | |
| CARNOULES | D97 - D13 | 0,5 | 36,0 | | |
| Rond-point D13/D15 | D15 | 5,5 | 41,5 | | |
| Rond-point D15/D43 | D43 | 7,5 | 49,0 | | |
| X D43/D12 | D12 | 2,5 | 51,5 | | |
| CAMPS-LA-SOURCE | D12 | 3,0 | 54,5 | | |
| Rond-point D12/N7 | N7 | 3,5 | 58,0 | | |
| Rond-point N7/D554 | D554 | 1,5 | 59,5 | | |
| LE VAL / X D554/D28 | D554 | 3,5 | 63,0 | | |
| LE VAL / X D554/D562 | D562 | 1,0 | 64,0 | | |
| X D562/D22 | D22 | 3,0 | 67,0 | | |
| X D22/D13 | D13 | 9,5 | 76,5 | | |
| COTIGNAC / Rd-pt D13/D50 | D13 | 2,5 | 79,0 | | |
| X D13/D22 | D22 - D560 | 2,0 | 81,0 | | |
| SILLANS-LA-CASCADE | D560 - D22 | 5,5 | 86,5 | | |
| X D22/D557 | D557 | 8,0 | 94,5 | | |
| AUPS / X/D557/D77 | D957 | 1,0 | 95,5 | 7:49 | 11:22 |
| Rond-point D957/D9 | D9 | 1,0 | 96,5 | | |
| X D9/D30 | D30 | 4,5 | 101,0 | | |
| X D30/D71 | D71 | 7,5 | 108,5 | | |
| X D71/D271 | D71 | 2,5 | 111,0 | | |
| X D71/D471 | D71 | 3,5 | 114,5 | | |
| X D71/D9 | D9 | 3,5 | 118,0 | | |
| X D9/D71 | D71 | 3,0 | 121,0 | | |
| X D71/D111 | D111 | 2,0 | 123,0 | | |
| X D111/Rte Moustiers | Rte Moustiers | 6,5 | 129,5 | | |
| X Rte Moustiers/Ch Aiguines | Ch Aiguines | 6,5 | 136,0 | | |
| ROUMOULES | D952 | 6,0 | 142,0 | | |
| PUIMOISSON | D953 | 8,5 | 150,5 | 9:26 | 15:02 |
| RIEZ / XD952/D11 | D952 | 7,5 | 158,0 | | |
| ALLEMAGNE-EN-PROVENCE | D15 | 8,0 | 166,0 | | |
| ALBIOSC / X D15/D82 | D15 | 8,5 | 174,5 | | |
| QUINSON | D13 | 6,5 | 181,0 | | |
| MONTMEYAN / Rd-pt D13/D30 #1 | D13 | 7,0 | 188,0 | | |
| MONTMEYAN / Rd-pt D13/D30 #2 | D13 | 0,5 | 188,5 | | |
| X D13/D71 | D71 | 2,0 | 190,5 | | |
| TAVERNES / Rd-pt D71/D554 | D554 | 7,5 | 198,0 | | |
| BARJOLS / Rd-pt D554/D560 #1 | D554 | 4,0 | 202,0 | | |
| BARJOLS / Rd-pt D554/D560 #2 | D560 | 1,0 | 203,0 | | |
| BRUE-AURIAC | D560 | 9,5 | 212,5 | | |
| X D560/D35 | D35 | 2,5 | 215,0 | | |
| BRAS / D35/D28 | D28 | 6,5 | 221,5 | | |
| X D28/D35 | D35 | 3,0 | 224,5 | | |
| X D35/N7 | N7 | 8,0 | 232,5 | | |
| X N7/D5 | D5 | 1,0 | 233,5 | | |
| X Rte La Roquebrussanne/D5 | D5 | 0,5 | 234,0 | | |
| X D5/D205 | D5 | 2,5 | 236,5 | | |

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| X D5/D95 | D5 | 2,5 | 239,0 | | |
| LA ROQUEBRUSSANNE Rd-pt #1 | D5 | 4,0 | 243,0 | | |
| LA ROQUEBRUSSANNE Rd-pt #2 | D64 | 1,0 | 244,0 | | |
| X D64/D468 | D64 | 0,5 | 244,5 | | |
| Rond-point D64/D554/D81 | D554 | 4,5 | 249,0 | | |
| GAREOULT | D554 | 1,0 | 250,0 | | |
| X D554/D12 | D12 | 2,5 | 252,5 | | |
| Rond-point D12/D43 | D12 | 1,0 | 253,5 | | |
| ROCBARON | D12 | 3,5 | 257,0 | 12:40 | 22:08 |
| X D12/D40 | D40 | 1,5 | 258,5 | | |
| Rond-point D40/D43 | Av J. Philippon | 8,5 | 267,0 | | |
| Rd-pt av Philippon/av Pothonier | Av Pothonier | 1,5 | 268,5 | | |
| CUERS / X D97/bd Gambetta | Bd Gambetta | 0,5 | 269,0 | | |
| CUERS Gare | Ch. des Vignes | 1,0 | 270,0 | | |
| X Ch. des Vignes/Rte de St-Jean | Route de St-Jean - Ch de Cuers | 2,5 | 272,5 | | |
| X Ch de Cuers / Ch des Fourches | Ch des Fourches - Av des Fourches | 2,0 | 274,5 | | |
| X Av des Fourches/D58 | Ch des Pachiquous | 1,5 | 276,0 | | |
| X Ch des Pachiquous/Ch de la Tour | D258 | 1,0 | 277,0 | | |
| X D258/Rte 258 Annexe | D258 | 1,5 | 278,5 | | |
| Rond-point D258/Ch de Hyères | Ch de Hyères | 0,5 | 279,0 | | |
| Rond-point Ch de Hyères/D554 | D554 | 1,5 | 280,5 | | |
| LA CRAU Rond-point D554/D554B | D554B | 1,0 | 281,5 | | |
| Rond-point D554B/D29 | D29 - Piste cyclable (à gauche) | 1,5 | 283,0 | | |
| Rond-point D29/Ch des Genévriers | D29 | 1,5 | 284,5 | | |
| X D29/D58 | D29 | 1,0 | 285,5 | | |
| Rond-point D29/D12 | D12 | 1,0 | 286,5 | | |
| X D12/Rte des Borrels | D12 | 5,0 | 291,5 | | |
| Rond-Point Col A. Beltrame | D559A | 2,0 | 293,5 | | |
| Rond-point D559A/Av. de Rottweil | D559A | 1,0 | 294,5 | | |
| X D559A/Av. Pierre de Coubertin | Av. Pierre de Coubertin | 1,0 | 295,5 | | |
| X Av. Coubertin/Ch. St-Lazare | Ch. St-Lazare | 0,2 | 295,7 | | |
| X Ch. St-Lazare/Piste Cyclable | Piste Cyclable | 2,8 | 298,5 | | |
| X Piste Cyclable/D12 | D12 | 1,0 | 299,5 | | |
| LES SALINS | | 1,0 | 300,5 | 14:00 | 1:00 |
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